

THE PEOPLE'S TRIBUNE

NEWS FOR PIKE, EASTERN AUDRAIN & NORTHERN LINCOLN COUNTIES

Published Every Tuesday • Vol. 29 - No. 51 • Tuesday, Nov. 4, 2025 • Online at www.thepeoplestribune.com



FREE

NECAC Holds Annual Meeting

NECAC held its Annual Meeting and Installation of Officers and Directors Dinner on Tuesday, Oct. 28. NECAC President and Chief Executive Officer Dan Page gave an update on significant progress made during the year and offered

Page noted. "I trust I can depend on each of you to support my efforts as the entire NECAC staff and I take this agency forward." Mike Bridgins of St. Charles County was re-installed as board chairman, with Glenn Eagan of Shelby

Grant (CSBG) with the Missouri Department of Social Services and a Certified Community Action Professional (CCAP) with the National Community Action Partnership.

McCann, who performed the installation ceremony, has a national reputation for excellence in the Community Action movement. After more than 50 years of service, he is still offering his assistance.

"You have the elements of success – leadership, dedication and compassion," McCann said. "What you do is really, really important."

Also sworn in were the following board members:

Lewis County: Craig Redmon and Simon Thrower.

Lincoln County: Matt Bass and Jere Burkemper.

Macon County: Matt Shoemaker and Jean Jones.

Marion County: David Lomax, Jim Miller and Roy Hark.

Monroe County: David Hays, Tonya Pryor and Harold Long.

Montgomery County: Dave Teeter, Mike Dorlac and Carole Weeks.

Pike County: Tommy Wallace, Lori Smith and Curt Mitchell.

Ralls County: John Wiczorek and Janet Hoyt.

Randolph County: Jason Lowry, Lorna Miles and Mahala Dixon.

Shelby County: Melissa Killen.

St. Charles County: Alex Reichert and Diane Hileman.

Warren County: Fred Vahle, Mary VanBibber and Angie Light.



NECAC President and Chief Executive Officer Dan Page delivers his address at the agency's Annual Meeting and Installation of Officers and Directors Dinner on Oct. 28.

praise to board members, staff and volunteers. The agency is celebrating its 60th anniversary in 2025.

For the coming year, Page said "financial health remains a goal" and that he wants to "continue to strengthen" the board.

"While today's meeting is a time of celebration, and we should celebrate the wins, it doesn't mean there aren't difficult days ahead,"

County as vice-chairman and Lowell Jackson of Ralls County as secretary. Trustees are Troy Dawkins of Shelby County, Curtissa Kerr-Hunter of Lincoln County and Mickey Shipp of Macon County.

The guest speaker was Community Action pioneer Charles McCann of St. Joseph, former director of the Community Services Block

Davis Arrested On Numerous Drug Charges

During the morning hours of Tuesday, Oct. 28, the Audrain County Sheriff's Office and East Central Drug Task Force executed a search warrant at a residence along East Highway 54 in Vandalia, as part of an ongoing narcotics investigation.

During the search, methamphetamine, controlled pharmaceutical tablets, drug paraphernalia, and United States currency was located and seized. As a result, James Eric Davis, 62, of Vandalia was arrested for first degree drug trafficking, money laundering, possession of a controlled substance, unlawful possession of drug paraphernalia, and



James Eric Davis

keeping or maintaining a public nuisance.

Persons arrested for criminal offenses are presumed innocent until proven guilty, and the accusations

against them are merely allegations.

The Audrain County Sheriff and his staff remain committed to working with our communities, community partners, and other area law enforcement agencies to make Audrain County a safe place to work and live.

The support and input from the community is appreciated. Citizens are reminded that crime tips may be provided anonymously by calling CRIMES-TOPPERS at (800) 392-TIPS or (800) 392-8477 and/or online at <https://www.audrainsheriff.com/report-a-crime>

Buffalo Township United Funds Invites You To A Holly Jolly Night Of Trivia, Fun

Get ready to deck the halls and test your Christmas knowledge at the Buffalo Township United Fund's "All Things Christmas" Trivia Night.

The special event takes place on Saturday, Nov. 22, at the Keely Center in Louisiana.

Doors open at 5:30 p.m., and the fun kicks off at 6 p.m. with morning radio host Gordon Sanders leading the games as emcee. Teams of up to eight players can reserve a table for \$200, or individuals can join in for

\$25 per person.

Along with bragging rights and cash prizes for the top two teams, guests can enjoy a silent auction, 50/50 drawing, and even a dance following the trivia rounds. Food will be available for purchase and a cash bar will keep spirits bright, but please no outside coolers or snacks.

All proceeds from the event go toward 12 local agencies that support Pike County youth and seniors, so every laugh and correct answer helps make a differ-

ence close to home.

Organizers encourage friends, families, and co-workers to form teams early and join the festive fun.

For more details, to sponsor a table, or to register, contact Karen Schuckenkrook (573-795-4533) or Sally Logan (573-754-0465).

So, grab your Santa hats, brush up on your holiday trivia, and help BTUF spread some Christmas cheer while supporting a great local cause.



Bones Owens

From Vandalia Kid To Nashville Stage

Bones Owens Talks New Album, Hometown Pride

BY BRICE CHANDLER
EDITOR

"Growing up in and around Vandalia, I was surrounded by family and friends who worked hard for everything they had. I'd like to think I've carried that same dedication and eat what you kill mentality on to my music career." Audrain County native and Vandalia's own Caleb "Bones" Owens keeps his rural Missouri roots close to his heart whether that is performing on tour or filming spots for a recent Harley Davidson/Realtree collaboration. The Nashville based singer, songwriter, and guitarist took a break from his busy schedule to share some experiences with the Tribune and offer advice to aspiring musicians. Bones grew up in Vandalia, spending his early years in town before moving to a farm between Vandalia and Perry. He later graduated from Van Far in 2002 and attended UCM in Warrensburg before heading to Nashville in 2005. Along the way, he soaked up classic country records from his grandparents (Gus and Nelva Owens and Dean and Martha Baker), his dad Tony Owens' rock collection, and the buzz of 1990s alternative. That mix continues to shape his music and work ethic on his latest album, *Best Western*.

Growing up around a farm, you see all the care and work that goes into raising a crop," Bones shared. "It's not a job you clock out of at 5 o'clock. You lose sleep, you obsess over it, you wonder if you could do more or differently, and at the end of the day it's a big gamble as to how things will turn out. I find parallels to all those things in my time in the music industry. Equal parts hard work and faith are necessary components."

For first time listeners pressing play on the new record, Bones frames the sound in plain terms.

"It's a mix of classic rock and roll, blues and R&B influences. All original songs. I wrote 12 of the 15 songs

myself and co-wrote the other 3 with friends ('Come Down to It' with Matt Thiessen from Relient K, 'Time Bomb' with Kevin Griffin from Better Than Ezra, and 'Best Western' with Yelawolf). I self-produced the album and played all the instruments except for drums and organ." Asked to pick a single track that captures the heart of the record, he pointed to one that carries both feel and theme. "It's hard to pick just one. 'In the Wind' has a melodic bluesy swagger to it that carries through the album. Thematically it's consistent with a lot of other songs on the album too: heartache, changes, hitting the open road." Those themes trace back to Vandalia and the people who first put instruments in his hands. "I was fortunate to grow up in a musical household," he explained. "My parents both sing. My mom also plays piano and she started me in piano lessons at six. I found my way to guitar by 10."

Beyond learning various instruments, Bones said that attending a small town church provided the opportunity to perform onstage at an early age. And he had several musical influences that helped along the way. "I'd like to acknowledge my first piano teacher, Dorothy Cahill in Vandalia, my guitar teacher Patti Grimmett in Perry, my second guitar teacher Dave Reetz in Mexico, and my music teachers throughout my time at Van Far, Ruth and Dennis Calcaterra." *Best Western* marks another milestone in his creative independence. "Self-producing was kind of the final frontier for me in terms of taking complete control over the album-making process... I've already written the songs and played most of the instruments on my previous albums, so self-producing was just a way of testing myself creatively and seeing if I was capable of wearing all the hats. Thankfully, it worked out and I'm happy with the final product.

"I've considered what it might be like to self-produce an album for a while, and the timing worked out perfectly. my long-time producer and friend Paul Moak was in the middle of a world tour with Heart for a long period of time, and his studio was available, so I basically rented his studio and his engineers and went in to make the record on my own." His view of success is steady and unvarnished. "There's no ONE way to 'make it', regardless of what some people might tell you. If they think they know, they don't, because it's different for everyone - also keeping in mind that the concept of making it, is different for different people. For me it's been a slow burn. I've never achieved anything like overnight success. I've slowly chipped away at a career doing something I love, one day at a time." When it comes to songwriting, he said his voice goes back to those same roots. "I think growing up in rural Missouri shaped my perspective greatly. From experiencing blue-collar, working-class America on a daily basis, to learning how to harness the isolation of living out in the sticks and trying to express my ideas and feelings with a guitar and words." Homecomings remain special.

"I love coming back to Missouri and playing shows, seeing family, old friends and classmates. It always feels like a homecoming."

This past summer, he returned for a St. Louis show and made room on the bill for a young local artist, Bodhi Eskew.

"Bodhi's dad and I grew up together," Bones explained. "We've been friends since childhood. I would see him share videos of Bodhi as a kid playing guitar and I could tell right away he was going to be really good. Fast forward a few years and Jordan would bring him out to my shows."

Continued next week

Early Deadline

For The

Tuesday, Nov. 11

Issue Of

The People's Tribune

Deadline for news and ads will be
Thursday, Nov. 6
at 10 a.m.

Community News

MoDOT Issues Urgent Call For Safer Driving As Fatality Count Increases Ninth Annual Buckle Up Phone Down

With roadway fatalities in Missouri continuing to trend closer to surpassing last year's count, the Missouri Department of Transportation is urging drivers to use safe driving practices heading into the holiday and winter season. The effort coincides with the state's 9th annual Buckle Up Phone Down Day on Oct. 29, when various safety partners, schools and businesses throughout the state and nationwide encourage safe behavior behind the wheel.

To date in 2025, more than 700 people have died on Missouri roadways. Of the vehicle occupants killed, more than half were unbuckled. Distracted driving is also a leading cause of crashes in Missouri. In 2024, distracted driving was cited in crashes that claimed 106 lives, though that number is likely higher due

to underreporting.

"We've made great progress in reducing fatalities each of the last two years, but in the last few months that progress has slowed significantly," said MoDOT State Highway Safety and Traffic Engineer Jon Nelson. "Even more concerning is the impact behind each of those numbers. The lives lost are a fraction of the lives forever changed by poor driving decisions. BUPD Day is a call for everyone to take the simple actions they can to keep our roads a safe place to drive."

Despite notable progress in recent years, Missouri's downward trend in roadway fatalities is now at risk. In 2024, the state saw its second consecutive year of decline, with a total of 955 traffic-related deaths. However, 344 of those fatalities occurred between Sept.

1 and Dec. 31. If current patterns continue through the 2025 holiday travel season, Missouri could surpass last year's fatality numbers, ending a hard-earned streak of progress in roadway safety.

"Since launching BUPD, we've seen tremendous strides in the form of increased seat belt usage and a decreased percentage of unbuckled fatalities," said Nelson. "But distracted and aggressive driving remain dire concerns. These next few months of increased holiday travel and potential winter conditions are a reminder of how crucial it is to stay alert behind the wheel."

Drivers can accept the challenge to BUPD at modot.org/bupd and spread the word on social media using the hashtags #BUPD and #BUPDDay.

MDHEWD Recognizes 80th Anniversary Of National Disability Employment Awareness

The Missouri Department of Higher Education and Workforce Development (MDHEWD) proudly joins state and national agencies and organizations in recognizing the 80th anniversary of National Disability Employment Awareness Month, an annual recognition of the positive impact and contributions of individuals with disabilities in the workforce.

This year's theme, "Celebrating Value and Talent," highlights the importance of equal employment opportunities for all individuals and increasing opportunities for people with disabilities in the workforce.

"We are proud to recognize National Disability Employment Awareness Month and highlight our commitment to ensuring every Missourian, including those with disabilities, are offered the opportunity to achieve the skills and education needed for success," said Dr. Bennett Boggs, Commissioner of the Department of Higher Education and Workforce Development. "Accessibility is fundamental to Missouri's workforce, and by removing barriers to employment we can ultimately work together to help strengthen the state's economy."

Missouri Job Centers ac-

ross the state serve thousands of individuals with disabilities each year, ensuring all Missourians have equal access to employment services, training, and education to pursue new skills and career opportunities. Missouri also continues to lead the nation in providing apprenticeship opportunities to those with disabilities to pursue high-quality career pathways.

MDHEWD has partnered with the National Disability Institute with the goal of helping 2,500 youth with disabilities explore STEM career pathways through apprenticeship opportunities.

"STEM careers offer Missouri's youth with disabilities strong possibilities of entering a high-demand field with high earning potential after completing a registered apprenticeship," said Julie Carter, Director of the Office of Workforce Development. "We are thankful for this partnership and the ability to lay the framework for others as we continuously explore opportunities to better serve Missourians."

National Disability Employment Awareness Month began in 1945 as a weeklong recognition of people with physical disabilities, and has since expanded to a month-long celebration that embraces people with all disabilities, including those

with mental health conditions and other invisible disabilities. The month serves as an opportunity to raise awareness, highlight the importance of expanding access to employment, and showcase supportive workplace policies and practices that benefit employers and employees.

For more information about National Disability Employment Awareness Month, visit the U.S. Department of Labor's website at dol.gov/NDEAM. For more information about Missouri Job Centers and the free services available, visit jobs.mo.gov/.

Those interested in apprenticeship opportunities can visit the MDHEWD website. For more information about the National Disability Institute, visit nationaldisabilityinstitute.org/.

About the Missouri Department of Higher Education & Workforce Development: The department works to empower Missourians with the skills and education needed for success. More information about MDHEWD can be found at <https://dhewd.mo.gov> or by following MDHEWD's social media accounts.

MU Extension Drone Workshop

University of Missouri Extension will offer training on "Opportunities for Drones in Agriculture" Nov. 14 at the Auxvasse Lions Club Park.

The event runs 8:30 a.m.-4:30 p.m. and will provide farmers, agribusiness professionals and entrepreneurs an in-depth look at how drones are transforming agricultural operations across Missouri, says Christie Brandl, MU Extension field specialist in livestock.

During the hands-on workshop, participants will learn about different types of drones, Federal Aviation Administration requirements, remote pilot certifications and practical business applications for aerial imaging, spraying and spreading.

Field exercises will give attendees hands-on experience in manual flight, autonomous mission planning and using drones in real-world farm settings, Brandl said.

"Drones are revolutionizing how producers monitor crops, manage resources and make decisions on the farm," said Brandl. "This program gives producers the opportunity to see how drones can bring efficiency, precision and profitability to their operations. We want to help farmers understand not only the technology itself but also how to integrate it in a way that fits their individual production systems."

For details and registration, visit <https://muext.us/DronesinAgNov14>, or contact Brandl at the MU Extension Center in Callaway County at 573-642-0755 or chriseebrandl@missouri.edu.

Community Calendar...

Submit upcoming events by calling 324-6111 or e-mail to: peopletribune@sbcglobal.net

On Nov. 7: Lord's Acre Sale & Auction at New Harmony Christian Church. Meal served beginning at 5 p.m., with auction to follow at 7 p.m. All are welcome

On Nov. 23: The Bowling Green Ministerial Alliance will be hosting a Community Thanksgiving Service at 6 p.m., at First Presbyterian Church in Bowling Green. All are welcome. Non-perishable food donations will be collected and donated to the Hope Center.

Paint A Turkey At An MDC Virtual Program

Online Event Part Of Shepherd Of The Hills

Turkeys can be seen across many Missouri hills, and folks are invited to memorialize their own gobblers by painting a picture.

People can paint a turkey at the Missouri Department of Conservation's (MDC) virtual program "Birds: Virtual Program - Turkey Painting." This online session, which is Nov. 13 from 6-7 p.m., is hosted by the staff at MDC's Shepherd of the Hills Conservation Center in Branson. This program is suggested for ages six and up. To register, visit: <https://mdc-event-web.s3.amazonaws.com/Event-Details/213007>

During this program, MDC volunteer Gala Keller will provide step-by-step painting instructions on how to paint a turkey. Participants will need to provide their own painting supplies. Once registered, they will receive a supply list the week before the program and once more after registration closes.

Although this program is free, registration is still required. Registrants must provide an email, so a program link may be sent to them. For this program, only

one registration will be needed per screen for multiple participants at the same location.

Program registrants should note that they now have the option to link their children's accounts to their own, which will streamline the program registration process. Once a group account is set up, parents will be able to register their children for an event without having to log off or log in for each person. This allows parents to register an entire family or select family members for an event at the same time.

To find out more about the Nov. 13 program or other events at the Shepherd of the Hills Conservation Center, call 417-334-4865, ext. 0. The Shepherd of the Hills Conservation Center is part of MDC's Shepherd of the Hills Fish Hatchery and is located at 483 Hatchery Road on the west end of Lake Taneycomo, near Branson.

Staff at MDC Facilities across the state are holding virtual and in-person programs throughout the year. A listing of these programs may be found at <https://mdc.mo.gov/events>.



PETE NASIR
AUDIO SERVICES

573-473-2273
pnasir1955@gmail.com

First Christian Church of Vandalia

Revival

FEATURING ROCK SOLID MINISTRIES' EVANGELIST TOM WEAVER & WORSHIP LED BY GREG & LORI STRICKLAND

Preaching & music will be held Nov. 16-19 at 6 p.m., with meal following. All are welcome.



LaCrosse
A STEP AHEAD



RED WING SHOES
EST. 1905

HOURS: Sat. 9 a.m.-noon

Hickerson Shoe Repair

116 N. Court - Bowling Green
573-470-3413



MIKE INGRAM PLUMBING
SALES & SERVICE

PLUMBING SERVICES

Our Services:

- Sewer Camera Inspections
- New Construction
- Tankless Heater Installations
- Sales & Service

313 / 113 6414
mikeringplumbing@gmail.com
18180 Huebner Lane, Bowling Green, Missouri

Put Our Classifieds To Work For You



Call 324-6111 To Place Your Ads

From The Mayor's Desk...

We can't have a yes or no answer. It needs to be people that want to preserve and invest in businesses and buildings for our current and future of the historical square, court house, insufficient parking, and sidewalks that would lead to downtown

Bowling Green is God's city but we must do our part. When the Israelites went into battle and God fought and gave them victory, they still had to pray, put on their armor, and show up for the battles.



Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the

(844) 847-2161
www.SullivanAuctioneers.com
License #444000566

2. Fill in the blanks of this scripture from James: For as the body without the spirit is _____, so faith without works is _____ also. (both blanks are the

Start and end each day with a prayer. Greet everyone you meet with a smile. Make time for each other.

CURLESSAUCTION.COM

(call for directions if needed)

- Pick up and delivery

573-470-6565

Lunch will be served on site. FOLLOW US ON FACEBOOK FOR MORE PHOTOS!



Thank You for Serving!

**Bibb-Veach
Funeral
Home LLC**

Bowling Green
Silex
324-2211



**Kuda
Auto
Repair**

518 S. Main
Farber
249-5832



**Honoring Our
Brave Veterans**

*Veterans Day, formerly
observed in the United States as Armistice
Day in commemoration of the signing of
the Armistice ending World War I.
Nov. 11th officially became
Veterans Day on
May 24, 1954, by act of Congress.
The day is set aside in honor of all those
who have fought in defense
of the United States.*

•• **Tuesday, Nov. 11** ••
Please remember
to observe
this important holiday!

**Ledford
Crane**

19913 Pike 308
Bowling Green
573-470-4366



**Lynn's
Heritage
House**

800 Kelly Lane
Louisiana
754-4020



**Knight
Equipment
Co.**

717 N. 15th St.
Bowling Green
324-3212



**Vandalia
Firestone &
Appliance**

213 S. Main
Vandalia
594-6624



**State
Rep. Chad
Perkins**

Paid for by Commit-
tee To Elect Chad
Perkins - Letha
Ingram, Treasurer



**Scherder
Auto
Body**

Bowling Green
324-6023



**Craig's
Truck &
Tractor**

Vandalia
594-3461



**Calvert's
General
Insurance**

124 W. Main
Bowling Green
324-2321



**Dawson
Collision
Center**

1212 S. Bus. 61
Bowling Green
324-2422



**Miller
Ag
Services**

1025 Southway Dr.
Bowling Green
573-470-0101



**Bowling
Green
Lumber Co.**

700 W. Champ
Clark
Bowling Green
324-5400



**Peoples
Bank &
Trust**

106 Bus. Hwy. 61
Bowling Green
324-2525



**Woods
Smoked
Meats**

1501 Bus. Hwy. 54 W
Bowling Green
324-2247



**Boland
Chevrolet**

605 E.
Champ Clark Dr.
Bowling Green
573-213-1055



**The
People's
Tribune**

25 N. Main Cross
Bowling Green
573-324-6111



**LaCrosse
Lumber
Co.**

301 N. Main St.
Vandalia
594-6448



**Perkins
Electrical
Service**

819 Bus. 61 N.
Bowling Green
324-5366



**Bowling
Green VFW
&
Ladies
Auxiliary**



**Scherder
Realty LLC**

1214 E. Champ Clark
Bowling Green
573-470-8500



**Service &
Supply
Coop**

17107 Pike 488
Bowling Green
324-5212



**Ramsey
Dickerman
State Farm**

501 W. Hwy. 54
Vandalia
594-6409



**Cole
Chiropractic
Center**

201 S. Main • Van-
dalia
594-2663



**Bienhoff
Funeral
Home**

100 Gaslight Road
Vandalia
573-594-2223



**Meyer
Implement
Co.**

Bus. 61 N.
Bowling Green
324-5261



**Poage
Ford**

1110 U.S. Hwy. 61
Bowling Green
324-5130



**Community
State
Bank**

117 W. Church
Bowling Green
324-2233



**Collier
Funeral
Home**

117 Barnard Dr.
Louisiana
754-4800



**Young
Enterprises
Inc.**

25759 Hwy. 161
New Hartford
669-5225



**Ledford
Trucking
LLC**

19603 Pike 308
Bowling Green
573-470-6301



**Haden
Motorsports
Center**

6187 U.S. 61
Frankford
784-2559



**Betty
Davis
Insurance**

100 N. Main St.
Vandalia
594-3727



Classifieds

All classified ads are payable in advance. 40-cents per word, \$4 minimum. Deadline: Monday at 11 A.M.

MOBILE HOMES

USED DOUBLEWIDE - DUTCH. Amish built in Indiana, excellent condition, 3 bed., 2 bath. FINANCING. Call for info 573-249-3333, marktwainmobilehomes.com. (tf)

I BUY used mobile homes. Call or text 573-338-6250 or email GregS.CDH@outlook.com.

FOR RENT

SELF-STORAGE - In Vandalia. Units in 3 sizes - 10x20, 10x10, and 8x10. L&S Storage, 573-248-4563.

MODERN MATURITY BUILDING - Vandalia - Family reunion, shower, birthday. Call Art Wiser, 594-3224. (tf)

FOR SALE

16 FT. flat bed trailer with rails, bumper hitch, 1996, good tires; several 32" TVs; air/nail gun; belt sander; Sawzall; small 22" electric stove; robot vacuum. 573-470-0417.

RUGER GLENFIELD 6.5 Creedmoor, \$385.50. Ammunition sale. MO Firearms Co., 573-470-9111. (x5-51)

USED Dryer. Vandalia Firestone, Appliance & Furniture, 573-594-6624.

FOR SALE

MO FIREARMS CO. Retirement Sale 573-470-9111.

CLEARANCE SALE - Eureka vacuum cleaners. Vandalia Firestone, Appliance & Furniture, 573-594-6624.

REFURNISHED COMPUTERS, parts, accessories. Call Geeky Hillbilly Computers 573-324-7176. (tf)

GOOD used tires, passenger & light truck, \$15 & up. Vandalia Firestone & Appliance, 594-6624.

METAL ROOFING. Wagler Metals: 21764 Pike 409, Bowling Green. (tf)

HYDRAULIC rock clearing rake, \$1,500. 636-697-8499. (tf)

HELP WANTED

74-YEAR-OLD VET recently lost 80 percent of his eyesight, will pay you \$20/hr., to read a 60-page (8x11) book. Erick 314-236-1241. More work available.

BUSINESS PARTNER: A woman who is confident, computer/internet savvy, ready to break the chains of economic slavery. Ready to learn about orgone energy, reflexology, and the power of the pyramid. Also Ready to be the majority owner (60%) of an S corporation. Ready to

HELP WANTED

research, produce and market with 3 D printing technology, 3 new products. Ready to work together using software to build a million dollar money making machine. Ready to help sell everything in the parade, and ready to be an influencer. Gitter done country person. Send Facebook username, stats and intro letter to I Am Ready, P.O. Box 41, Bowling Green, MO 63334. (x4-48)

NO HUNTING

NO HUNTING OR TRESPASSING, Murry Shepherd Farms. Violators will be prosecuted. Not responsible for injuries or accidents.

NO HUNTING

NO TRESPASSING OR HUNTING on the property of Cherlyn Boots. Violators will be prosecuted. Not responsible for accidents on property. (tf)

SERVICES

PREMIERE PRESSURE WASHING - Outside hgouse cleaning, soffitts, driveways, decks, patios, fence cleaning, farm equipment, and trailers. Free estimates. 573-253-8811. (tf)

RICK'S LAWN EQUIPMENT & GOLF CARTS - Sales, service, and parts. Used golf cars and mowers. Hwy. 54 West, Louisiana, MO 63353, 573-754-5055. (tf)



TARGET

WINDOWS & DOORS

Now under new Management

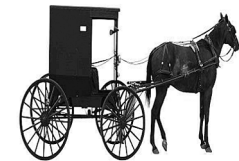
Local Manufacturer
Now Accepting Applications
Monday-Friday 6:30 a.m. – 3:00 p.m.

Health & Life Insurance / 401K
Paid Holidays / Paid Vacation

Apply in person at:
Target Windows & Doors
800 W. State St.
Vandalia, MO 63382

EOE

PIKE AMISH COMMUNITY SCHOOL



AUCTION SITE: 8778 PIKE 478
BOWLING GREEN MO 63334

Join us for our annual
Fish Fry
Friday November 7, 2025
Start Serving at 4:30 P.M.

Menu

Fish, Potatoes Salad,
Potatoes Wedges, Baked Beans
And Cole Slaw

Dessert

Pudding Cake, Cobblers
And Homemade Ice Cream

Drinks

Coffee and Ice Tea

Prices:
All You Can Eat!
Adults \$16.00
5 To 12 Years \$9.00
Under 5 Free
Drink Included

Bring The Family!
Corn Hole Games



SERVICES

GEEKY HILLBILLY COMPUTER SERVICES LLC - B.G. computer repair & recycling, 573-324-7176, 573-567-6164. (tf)

B&J SEPTIC PUMPING - Commercial or residential, septic pumping & repair, sewer augering & repair, grease trap pumping and porta potty rentals. Butch Menne, 573-384-5536.

SERVICES

BROWN'S SEPTIC PUMPING - Commercial or residential, portable toilet rental, job sites, special events, auctions. Brown's Septic Pumping, 206 Brown Lane, Louisiana, 754-5812. (tf)

NAME DOILIES - Hand crocheted by Ann Hecox. Make great personal gifts. 217-656-3654 annahcx@gmail.com. (tf)

Second Missionary Baptist Church

West Hwy. 54 - Vandalia

FISH FRY

Friday, Nov. 7 - 11a.m.-p

\$13 Serving catfish, fried potatoes, baked beans, cole slaw
Carry-Outs • Delivery Call 594-2146

HELP WANTED: PART-TIME DEPUTY CORONER

The Pike County Coroner's Office is accepting applications for a **Part-Time Deputy Coroner**. Applicants must meet **RSMo 58.030** requirements: U.S. citizen, 21 years of age or older, Missouri resident for one year, Pike County resident for six months, and able to complete the required coroner training.
Minimum Qualifications: High school diploma or GED required. Preferred background in **EMS, law enforcement, or hands-on medical fields** (phlebotomy, nursing, etc.). Strong communication, professionalism, and attention to detail are essential.
Schedule & Pay:
•The position is open for discussion and includes one weekend per month and one weekday for reporting.
Pay is negotiable within reason based on experience and certifications. Mileage and training expenses paid. Apply in person at the **Pike County Coroner's Office**, 115 W. Main St., Suite 6, Bowling Green, MO. Applications are available outside the office door if the Coroner is out on a call. For questions, call **573-470-4240**.



Accepting Applications
For Part-Time Delivery Driver

Apply in person at:
Target Windows & Doors
800 W. State St.
Vandalia, MO 63382

or email: K.MINK@TARGETWD.COM

Must be 21 years of age &
have a Class B license with airbrake

Home on weekends / Some overnights

EOE

Cut Rate Plumbing, Sewer & Drain Service
Gary Motley

CALL TODAY - 573-330-8507

"Specializing in home repair, plumbing,
drain cleaning & service work"

Hart Care Chiropractic



Got pain?

Digestive problems?
No Energy?

L. Shane Hart D.C.
Serving the
region
for 32 years

Being healthy and staying healthy
is really QUITE SIMPLE!

Call today - 573-324-2225

300 W. Main
Bowling Green



\$37,906

Stock #947 - 2023 Ford Explorer XLT,
Exterior Color Rapid Red Metallic,
Tinted, Clearcoat, Interior Color Ebony,
4 WD, Auto, 16,339 Miles

Poage Ford

573-324-5130

1110 Bus. Hwy. 61 S. • Bowling Green, MO

Shop 24 hours at
www.poageford.com

ONE STOP to handle your insurance...
auto, home, life, farm, business

STOP

GREAT RATES→

PERSONAL SERVICE→

SHELTER
INSURANCE

We're your Shield.
We're your Shelter.

ShelterInsurance.co



Brent Branstetter

740 S Bus Hwy 61, Ste A
Bowling Green
573-324-2446
BBranstetter@ShelterInsurance.com



Ashley Jenkins

3404 Georgia St.
Louisiana
573-754-3453
TJenkins@ShelterInsurance.com



Frank Wallace

610 W Hwy 54
Vandalia
573-594-2235
FEWallace@ShelterInsurance.com

Community News



VFW Auxiliary National President Visit

Lois Callahan was given a Big Show Me State welcome at Perryville Sept. 15-16, A reception was held the evening of September 15th at the Quality Inn Conference Room. On Sept. 16 they had a guided tour of the Missouri National Veterans Memorial which is a replica of the Washinton D.C., Vietnam Memorial. The group ate lunch at Beef O'Brady's with a variety of selection meals. The afternoon included a tour of the association of the miraculous medal. That evening VFW Post 4282 provided an excellent presentation of appreciation for our national president with a Meal. She entered the room through the aisle of flags. Pictured is President Mary Tarpein, and Joanne Hammuck, treasurer Clarksville Memorial VFW Post 4610 Auxiliary and also representing District 17. If you have never visited the Vietnam Memorial in Perryville think about taking a trip to that excellent area.

Dairy Foods, Fiber: A Smart Pairing For Diabetes Management

November is National Diabetes Month — a national proclamation designed to raise awareness and education about diabetes. In the United States, approximately 38.4 million people have this chronic disease that affects how an individual's body turns food into energy. Food choices, in conjunction with medication and physical activity, are key to managing diabetes. Protein-rich, low-fat dairy, paired with fiber-rich foods, can play an integral role in this management.

Following a meal, the body's digestive system breaks down carbohydrates — starches and natural or added sugars — into glucose, a simple sugar that is the body's preferred energy source. To provide the body's cells with this energy, the pancreas produces the hormone insulin, which allows glucose to enter the body's cells. However, when people have diabetes, they no longer make insulin (type 1 diabetes), or they make a reduced amount of insulin or do not use it efficiently (type 2 diabetes or gestational diabetes). The glucose, or blood sugar, then remains in the bloodstream, which can lead to health complications.

PROTEIN & FIBER SLOW RISE OF BLOOD SUGAR

While diabetes is a complex and long-term disease, meal choices can make a positive impact on an individual's overall wellness. Including protein and fiber-rich foods in every meal, for example, will slow the digestion of carbohydrate-rich foods. This, in turn, helps slow the blood-sugar rise after meals and can make diabetes medications more effective.

"Milk, cheese, yogurt and cottage cheese provide quality protein, healthy fats and varying amounts of carbohydrates," said Jessica Kassel, a nutrition educator and registered dietitian with St. Louis District Dairy Council. "When you combine one of these dairy foods with fiber-rich foods like non-starchy vegetables, berries or whole grains, the blood-sugar rise post-meal will likely slow down. For example, a half cup of cottage cheese delivers 12 grams of protein and only 6 grams of carbohydrates.

Low-fat dairy foods with low to no added sugar can be strategic additions to meals and snacks for diabetes management and for promoting a sense of fullness after meals."

DAIRY PROVIDES CALCIUM & VITAMIN D

Milk, yogurt and cheese are excellent sources of calcium. Milk and some varieties of yogurt and cheese are also fortified with vitamin D, which is essential for absorbing calcium in the diet. Both nutrients tie into insulin production, and some studies have shown that vitamin D may help reduce insulin resistance in those with type 2 diabetes. In addition, eating yogurt regularly, at least 2 cups (3 servings) per week, may reduce the risk of type 2 diabetes according to limited scientific evidence, per the U.S. Food and Drug Administration.

"According to the Dietary Guidelines for Americans, calcium and vitamin D are nutrients of concern as most Americans do not consume enough of these nutrients daily," Kassel said. "Calcium and vitamin D are essential for bone health throughout our lives. Vitamin D also supports the immune system and can help reduce inflammation, a trigger of type 2 diabetes. Relying on dairy for these important nutrients is helpful."

Seek a registered dietitian for nutrition counseling

Registered dietitians are uniquely qualified to help people with their nutrition journey and management of diabetes. Dietitians provide individualized counseling tailored to one's needs and goals, and work with their clients' healthcare team.

"Each person with diabetes will have their own unique response to various foods, food combinations and meal timing," Kassel said. "And every day can be different from the last, even if the same foods are eaten. Working with a registered dietitian can be incredibly helpful in navigating diabetes and nutrition. Being proactive with meal choices and activity can go a long way toward fostering health."

Visit www.stldairycouncil.org for more information on the health benefits of dairy. You may also contact Jessica Kassel at 314-835-

9668 or jkassel@stldairycouncil.org. Follow St. Louis District Dairy Council on Facebook and Instagram at [STLDairyCouncil](https://www.instagram.com/STLDairyCouncil).

ABOUT THE ST. LOUIS DISTRICT DAIRY COUNCIL

The St. Louis District Dairy Council (SLDDC) is a nonprofit nutrition education organization funded by local dairy farmers. Since 1932, SLDDC has served 131 counties in central/southern Illinois and eastern Missouri as the go-to educational resource and advocate for the role of dairy foods as part of a healthful diet. As The Nutrition Education People, we are proud to spread knowledge to local communities, bridging the gap between local dairy farmers and consumers.

TRIPLE PROTEIN PANCAKES

Rollled oats, cottage cheese and eggs whip together to produce delicious pancakes that provide fiber and protein. Top the pancakes with lemon yogurt and blueberries to start your day right.

Servings: 2 (3 pancakes per serving)

Prep Time: 20 minutes

Ingredients

1 cup low-fat cottage cheese

1 cup rolled oats

2 eggs

1 ½ teaspoons stevia

1 teaspoon baking powder

der

1/8 teaspoon salt

½ Tablespoon butter

½ cup low-fat lemon yogurt

½ cup frozen blueberries, thawed and warmed

Instructions

1. In a blender, combine the cottage cheese, oats, eggs, stevia, baking powder and salt. Once blended, the mixture should be thick and smooth.
2. Over medium heat, heat a non-stick skillet. Melt butter on skillet. Using a ¼ cup measuring cup, measure and pour pancake batter onto skillet. After 4 minutes, flip the pancakes.
3. Cook pancakes until they are golden brown on each side.
4. Place the pancakes on a plate, spread the yogurt on top of each pancake (1/4 cup per 3 pancakes). Build a stack of pancakes and then pour the warmed blueberries (with juice) on top. Serve immediately.

Ticks 'Vant To Suck Your Blood' This Fall

Missouri ticks are worse than a Transylvanian vampire on Halloween. Many people think ticks are most active during summer. However, fall is prime time for ticks. Deer are primary hosts for ticks, and fall is when deer move due to mating season and to find vegetation to build fat reserves for winter, says Emily Althoff, University of Missouri Extension and Lincoln University urban entomologist.

Ticks are especially concerning now due to increased incidences of alpha-gal syndrome, which can cause a variety of symptoms, including an allergy to red meat. Ticks also transmit other diseases such as Lyme disease, Rocky Mountain spotted fever, encephalitis and anaplasmosis.

Ticks use their barbed mouthparts to cut through the skin of humans and animals like a saw. They insert a small feeding tube into the skin to feed. You can't flick a tick because it hooks itself into the skin when it bites. Revenge is difficult: their tough "skin," or exoskeleton, makes them hard to crush. Once engorged with blood, they can swell from the size of a sesame seed to about 3/8 inches long.

Like any good Hallo-

ween goblin' goblin, ticks sneak up on humans when they least suspect it. They do so by "questing," a term describing how they climb to the top of a grass stem or branch and lie in wait for a host to pass. Ticks use their sense of smell and ability to detect vibrations to alert them that food is on its way.

Missouri Department of Conservation lists three common ticks in Missouri:

Lone star tick, which causes Alpha-Gal Syndrome, tularemia and other diseases. Females are easily identified by the white dot in the center of the back. Males often have dots or white streaks on the edge of their bodies.

American dog tick. Adults have an ornate brown-and-white mottling on the dorsal side. Blood-engorged females are gray.

Deer tick. Legs and upper body are black.

Althoff gives these tick tips to prevent tick bites:

Use tick repellent. Repellents such as DEET, picaridin and oil of lemon eucalyptus are considered effective.

Dress to protect. Wear long-sleeve shirts and long pants before entering wooded or grassy areas. Tuck your shirt into your

pants.

Fight the bite. Walk in the center of trails to limit exposure. Avoid areas with tall grass and leaf litter.

Inspect. Check yourself and pets for ticks after leaving wooded areas. Immediately wash clothing in hot water. Dry on the high setting. Shower immediately.

If you find a tick attached to your skin, remove it carefully:

Use tweezers to grab the tick as close to the skin's surface as possible.

Pull straight up when removing the tick. Do not twist or jerk.

Never crush a tick with your fingers.

After removing, clean the area with rubbing alcohol or soap and water.

Follow up with your doctor if you develop a fever or rash within several weeks of removing a tick.

LEARN MORE

Related MU Extension publications available for free download

Ticks. Brief overview of common tick species in Missouri, tick-borne diseases and prevention and treatment of tick bites.

Ticks and Tick-Borne Diseases. A more detailed guide from MU's Integrated Pest Management program.

Can You Dig Sweet Potatoes?

Harvest After First Light Frost For Best Results

The first frost of fall is approaching, and it's time to think about harvesting your sweet potato crop.

For best results, dig sweet potatoes after the first light frost, said University of Missouri Extension horticulturist David Trinklein. This warm-season root vegetable does not tolerate cold. The table quality of sweet potatoes declines when they are harvested after temperatures drop below 50 F.

Dig the thin-skinned sweet potatoes carefully to avoid bruising, said Trinklein. Gently lift the roots from the soil with a potato fork. Remove soil from the potatoes and let them dry on top of the soil in the sun for a few hours.

Separate injured sweet potatoes from undamaged ones. Injured potatoes ooze a milky liquid. They need time and space to heal cut areas.

Cure sweet potatoes in a warm (80-85 F), humid area for about 10 days. A loose plastic cover over the potatoes creates the desired high relative humidity. Curing produces a higher sugar content and improves the color. It also allows minor wounds to heal. Uncured potatoes lose quality.

Store above freezing temperatures in a basement or unheated garage. Ideal storage temperature is

around 55-60 F. Sweet potatoes can be stored 6-10 months. Do not refrigerate.

Sweet potato is thought to be native to tropical South America, said Trinklein. Incans and Mayans used sweet potato as a food source more than 5,000 years ago. Christopher Columbus is credited with introducing it to Europe around 1500.

Sweet potato requires a long growing season, maturing in about 100-110 days. They grow best during long, hot summers. It is versatile, flavorful and nutritious. It is the only vegetable with dual roles as a main course dish and a dessert. Ornamental varieties fill flower planters with their distinctive chartreuse and deep purple foliage.

Trinklein says sweet potato probably deserves more attention in the diet of the average American than it gets, said Trinklein. It is rich in starches and complex carbohydrates for energy and has significant amounts of dietary fiber, beta-carotene and vitamins C and B6. It is as an important source of minerals such as calcium, magnesium and potassium. It also is relatively low in calories: A 100 gram serving has about 115 calories.

Fun facts about sweet potato:

Sweet potato is a member of the morning glory, or

Convolvulaceae, family.

Sweet potato was first grown in what is now Virginia as early as 1648.

The world-record sweet potato weighed more than 95 pounds and was grown in Switzerland.

North Carolina raises the most sweet potatoes, according to the U.S. Department of Agriculture.

Missouri native George Washington Carver conducted research on sweet potato. He is credited for developing more than 125 diverse products including dyes, wood fillers, candies, pastes, breakfast foods, starches, flours and molasses.

Yams and sweet potatoes are often confused with one another. Despite a physical similarity, they are not related. Yams are not grown in the United States. The USDA often labels orange, moist-fleshed sweet potatoes as "yams" to distinguish them from the pale, dry-fleshed types.

Learn more about sweet potatoes in the MU Integrated Pest Management article "October: Sweet Potato Harvest Time" at <https://mizzou.us/Sweet-PotatoTime>.

The MU Extension publication "Growing Sweet Potatoes in Missouri" is available for free download at <https://muext.us/G6368>.

14 State Parks Temporarily Closed For Managed Deer Hunts

Fourteen state parks will be temporarily closed to the public for managed deer hunts to safely and effectively manage the parks' deer population. The hunts are a coordinated effort between the Missouri Department of Natural Resources' Division of State Parks and the Missouri Department of Conservation.

The following state parks will be closed on these dates:

Edmund A. Babler Memorial State Park, 800 Guy Park Drive in Wildwood – Nov. 7-9.

Bennett Spring State Park, 26250 Highway 64A in Lebanon – Nov. 7-9.

Crowder State Park, 76 NW Highway 128 in Trenton – Nov. 7-9.

Cuivre River State Park, 678 State Route 147 in Troy – Nov. 1-5.

Ha Ha Tonka State Park, 1491 State Road D in Camden – Nov. 7-9.

Harry S Truman State Park, 28761 State Park Road West in Warsaw –

Dec. 1-4.

Long Branch State Park, 28615 Visitor Center Road in Macon – Nov. 8-11.

Mark Twain State Park, 37352 Shrine Road in Florida – Nov. 8-9 and Dec. 6-7.

Montauk State Park, 345 County Road 6670 in Salem – Dec. 2-4.

Robertsville State Park, 902 State Park Drive in Robertsville – Nov. 8-9.

Rock Bridge Memorial State Park, 5901 South Highway 163 in Columbia – Nov. 3-4.

St. Francois State Park, 8920 U.S. Highway 67 North in Bonne Terre – Dec. 5-8.

St. Joe State Park, 2800 Pimville Road in Park Hills – Nov. 15-16.

Guests are encouraged to not visit the parks on those days, as they will be turned away for their safety.

Missouri state parks are usually wildlife refuges where hunting is not permitted. However, when an overpopulation of deer develops, the Department of

Natural Resources and the Department of Conservation hold special managed hunts to prevent harm to the ecosystem. This year, studies at the parks determined the deer population showed an overcrowded number of deer per acre. The managed hunt will help other wildlife and the ecosystem by reducing the number of deer in the area.

The Missouri Department of Conservation has already selected hunters for these hunts.

Before heading to a Missouri state park or historic site, guests should check the Park and Site Status Map at modnr.maps.arcgis.com/app/s/webappviewer/index.html?id=0cc1b6513d6e407694ade7b7bdbde93 for any closures that may impact their visit.

For more information on state parks and historic sites, visit mostateparks.com. Missouri State Parks is a division of the Missouri Department of Natural Resources.

WE WELCOME YOUR LOCAL NEWS

howard's BUDGET

FURNITURE & MATTRESS

This weekend, **YOU WILL PAY LESS** on Everything! Plus, there's 6 YEARS NO-INTEREST FINANCING With Equal Payments!¹ And here's the best part... There is **NO Money Down!** It's the perfect time to purchase all the Furniture, Home Accessories, and Mattresses you have been wanting at the **Lowest Prices of the Year** and with NO-Interest Financing!¹

Leather Sofa
Why Pay \$1759 • SALE \$1049
FINANCE SALE **\$936** or **\$13/mo.** for **72 months**¹



Reclining Sofa
Why Pay \$1689 • SALE \$1019
FINANCE SALE **\$792** or **\$11/mo.** for **72 months**¹



Matching Leather
Rocking Recliner
Why Pay \$1339 • SALE \$799
FINANCE SALE **\$648** or **\$9/mo.** for **72 months**¹



SOLID WOOD

7 Pc. Dining Set
Why Pay \$2269 • SALE \$1359
FINANCE SALE **\$1080**
or **\$15/mo.** for **72 months**¹
Set includes table and 6 chairs.



EXCLUSIVE OFFERS!

*You Will
Pay Less!*

**LOWEST
PRICES OF
THE YEAR!**

Plus,
**NO INTEREST
FOR 6 YEARS
WITH EQUAL PAYMENTS**¹
On purchases of \$2,175 or more.
See below for details.

✓ **NO
MONEY
DOWN!**

Or,
**SAVE AN EXTRA
15% OFF***
When Paying Cash, Check,
or Credit Card.

Recliners

La-Z-boy



Rocker Recliner
Why Pay \$1299 • SALE \$799
FINANCE SALE **\$576**
or **\$8/mo.** for **72 months**¹



Leather Power
Swivel Glider Recliner
Why Pay \$2379 • SALE \$1429
FINANCE SALE **\$1080**
or **\$15/mo.** for **72 months**¹

La-Z-boy



Power Lift Recliner
Why Pay \$1789 • SALE \$1069
FINANCE SALE **\$936**
or **\$13/mo.** for **72 months**¹



TEMPUR-PEDIC
No Interest for
72 Months *Plus*
With Equal Payments¹
on All Tempur-Pedic® Models
See below for details.

howard's
BUDGET
FURNITURE & MATTRESS
\$300
GIFT CARD*
*Restrictions apply. See store for details.

EXAMPLE:
Adapt Queen Mattress
\$2199
or **\$31/mo.** for **72 months**¹
PLUS, \$300 GIFT WITH PURCHASE!*



howard's BUDGET

FURNITURE & MATTRESS

The **best values** in Missouri!

1005 E. Champ Clark Dr.
Bowling Green, MO 63334
(573) 324-3355

Mon. - Fri. 9am to 5:30pm
Sat. 9am to 4pm
Sun. CLOSED

HowardsBudgetFurnitureandMattress.com

¹No Interest for 72 Months Equal Payment Plan: Minimum purchase of \$2175. Interest will be charged to your Account from the end of the promotional period on any remaining promotional plan balance. Minimum payments are required for each Credit Plan. Valid for single transaction only. If the single transaction has multiple shipments, each shipment may result in a separate Credit Plan, subject to a separate minimum purchase requirement. As of October 2025, terms for new Accounts: Purchase APR of 35.99%. Variable Penalty APR up to 39.99%, based on Prime Rate. Minimum interest charge of \$3 in any billing period in which interest is due. A fee of \$2.99 per month may apply for each paper billing statement mailed to you. You can avoid this fee by enrolling in paperless statements. Existing Cardholders: see your credit card agreement for Account terms.

Credit card offers are subject to credit approval.

*In Lieu of financing, receive a 15% discount when paying by cash, check, or credit card. Offers cannot be combined with any other promotion or discount except those in this ad. Offers exclude previous purchases, Hot Buys, Clearance Items, and any products for which the manufacturer sets a minimum selling price like Tempur-Pedic® and Stressless® by Ekornes®, sales tax, furniture protection plans, warranty, delivery, and service charge. Although every precaution was taken in price and image specification, errors may occur in print or digital formats. We reserve the right to correct any such errors. See store for details. Offer expires 11/24/25. ©2025 Knorr Marketing HOFU-1640 10/25

